FILED
SEP 25 1986
CLERK SUPREME COURT

IN THE COURT OF APPEALS OF IOWA

IN THE INTEREST OF S.R.B., A Child;

S.B., Natural Mother,

Appellant.

Filed September 25, 1986

6-302
86-306

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Appeal from the Iowa District Court for Cedar County (Juvenile) (No. 884) - James A. Weaver, District Associate Judge.

The mother of a minor child appeals from the trial court's order terminating her parental rights. **AFFIRMED.**

Sarah W. Cochran, Iowa City, Iowa, for appellant.

Thomas J. Miller, Attorney General, and Valencia Voyd McCown, Assistant Attorney General, for appellee.

Considered by Oxberger, C.J., and Snell and Sackett, JJ.

**PER CURIUM**

S.B., the mother of S.R.B., a minor child, appeals from trial court's order terminating her parental rights. She raises as her sole issue on appeal that the trial court was incorrect in determining there was clear and convincing evidence the child would suffer harm if returned to her.

Our review is de novo. In Interest of C.W., 342 N.W.2d 885, 886 (Iowa App. 1983). The state has the burden to prove by clear and convincing evidence the child will suffer harm if returned to the natural parents. In Interest of K.L.C., 372 N.W.2d 223, 228 (Iowa 1985). In Interest of Dameron, 306 N.W.2d 743, 745 (Iowa 1981).

Appellant lived a nomadic life style and she gave the child little care. After the child was adjudged to be in need of assistance, the mother demonstrated little effort to reconstruct her life. She continued to travel around the country and visited her child infrequently. She admitted herself to a substance abuse program, but discharged herself two days later despite the fact professionals in the substance abuse area recommended she stay. She did have a job and housing at the time of trial and expressed a commitment to be a better parent. However, we agree with the trial court she has done nothing toward fulfilling that commitment. We therefore affirm the trial court's order terminating S.B.'s parental rights.

**AFFIRMED.**